



Union County Public Information Office

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News Release

Farm Fresh Ventures is Accepting Subscribers

January 12, 2015, Monroe, NC – Subscribe to Farm Fresh Ventures and you will eat healthier, help the local economy, help small family farms and be environmentally responsible.

When you subscribe to Farm Fresh Ventures, you receive weekly produce boxes that provide 5-7 different fresh produce items from local growers from May – September 2015. The cost of a large box of produce for 18 weeks is \$442. A lite box for 18 weeks costs \$298. These costs include a \$10 joining fee.

Throughout the season boxes we will have a variety of produce, including, but not limited to: apples, lettuces, herbs, beans, cabbage, carrots, greens, eggplant, garlic, onions, melons, grapes, okra, peaches, pecans, peppers, potatoes (Irish & sweet), pumpkins, squash (summer & winter), strawberries, tomatoes, turnips, zucchini and much more.

Boxes are available for pick-up from 3 p.m. – 6 p.m. every Tuesday from May 5 through Sept. 1 at the Richmond County Cooperative Extension Center, Stanly County Cooperative Extension Center, Anson County Farmers Market, Union County Farmers Market and Monroe Aquatics and Fitness Center.

For more information or to subscribe, visit www.FarmFreshVentures.com or call 704-694-2415 or 704-283-3830.