

# UNION COUNTY DEPARTMENT OF HUMAN SERVICES

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## News Release

### Union County Honors Volunteers

**September 29, 2014, Monroe, NC** – Union County Senior Nutrition held a volunteer appreciation luncheon on Thursday, Sept. 25 at the old National Guard Armory in Monroe with more than 100 volunteers in attendance.

The more than 250 Senior Nutrition volunteers generously provide service to the seniors in the following ways:

- Delivering nutritious meals Monday - Friday to those homebound senior citizens in Union County
- Distributing physician prescribed supplemental meals (Ensure Plus) on a monthly basis for those who are critically ill
- Assisting at the county's four Senior Dining sites packaging meals for home delivery or serving meals for the congregate participants
- Assisting with various tasks necessary to maintain site operations

The staff and managers of the Senior Dining sites secured all the decorations, food and prizes for the event at no cost to Union County tax payers. Companies and individuals donating to the event included Pepsi, Tracy's in Marshville, Quincy's, Wal-Mart, Gino's of Wingate, Market Express, Sarah Lee, Chick-fil-A in Indian Trail and Monroe, Rock Store BBQ, Latonia Jordan, Julie Haulk and Donna Baker. Desserts were provided by the ladies of Shining Light Baptist Church.

If you know a senior who could benefit from the Senior Nutrition services or if you would like to become a volunteer, contact the Nutrition Coordinator, Mayvis Caldwell at 704-292-2567. Senior Dining sites are located at Indian Trail United Methodist Church, Hope House in Marshville, Mineral Springs United Methodist Church and Bragg Street Community Center in Monroe.